



NC PROTECT OUR STUDENTS

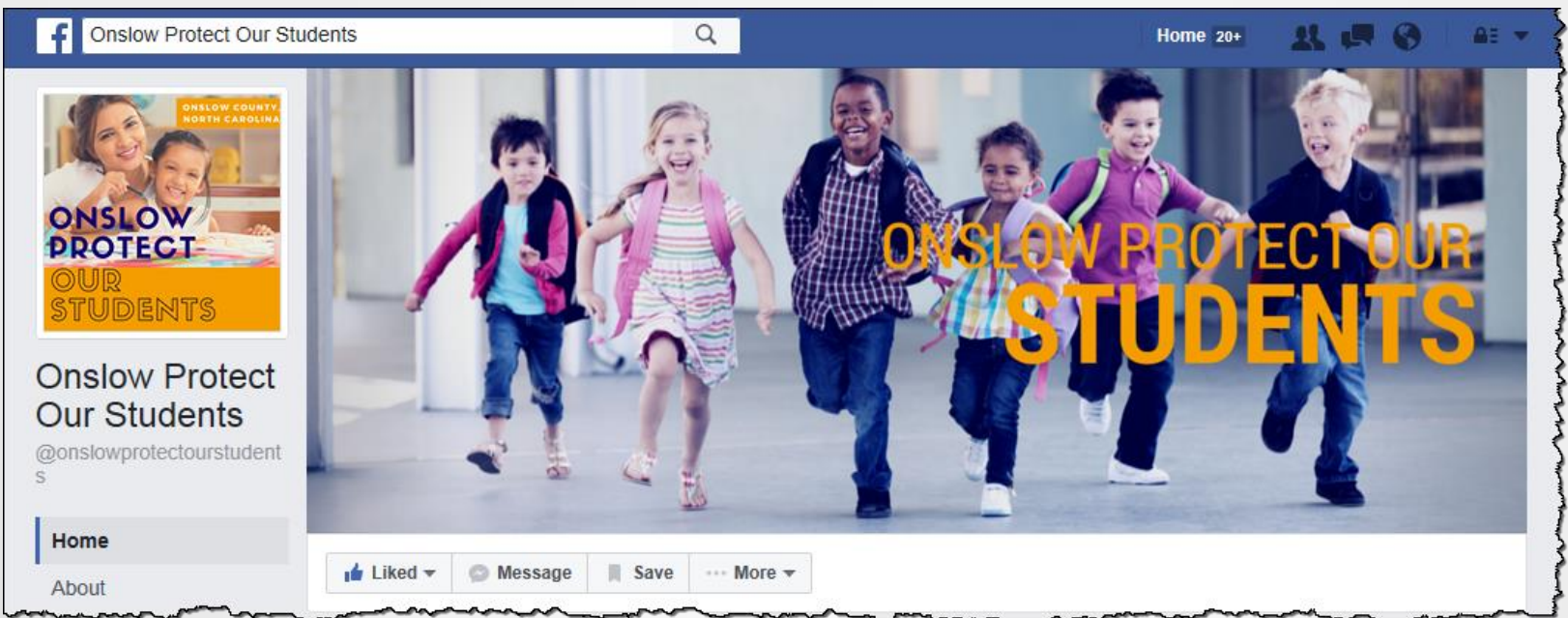


- Formed to stop Shift NC from bringing CSE to Onslow County
- Multiple Faith Groups joined together



SHIFT NC

One Million / year Federal Grant
for 5 years in Onslow county
to “reduce teen pregnancies”



- Petition
- Met with School Board members
- Spoke at County and School Board meetings
- Gained support of NC State House Representative
- Radio, TV, Newspaper, Community meetings, Church support, Facebook, etc

Comprehensive Sexuality Education in North Carolina

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graph BT; ASU[Department of Health & Human Services ASU] --> SHIFT[SHIFT NC]; CDC[CDC CENTERS FOR DISEASE CONTROL AND PREVENTION] --> DPI[NC Department of Public Instruction]; OBAMACARE[OBAMACARE] --> NCSHTC[NC School Health Training Center]; SHIFT <--> NCSHTC; NCSHTC --> DPI;
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NC Department of Public Instruction

SHIFT NC

NC School Health Training Center

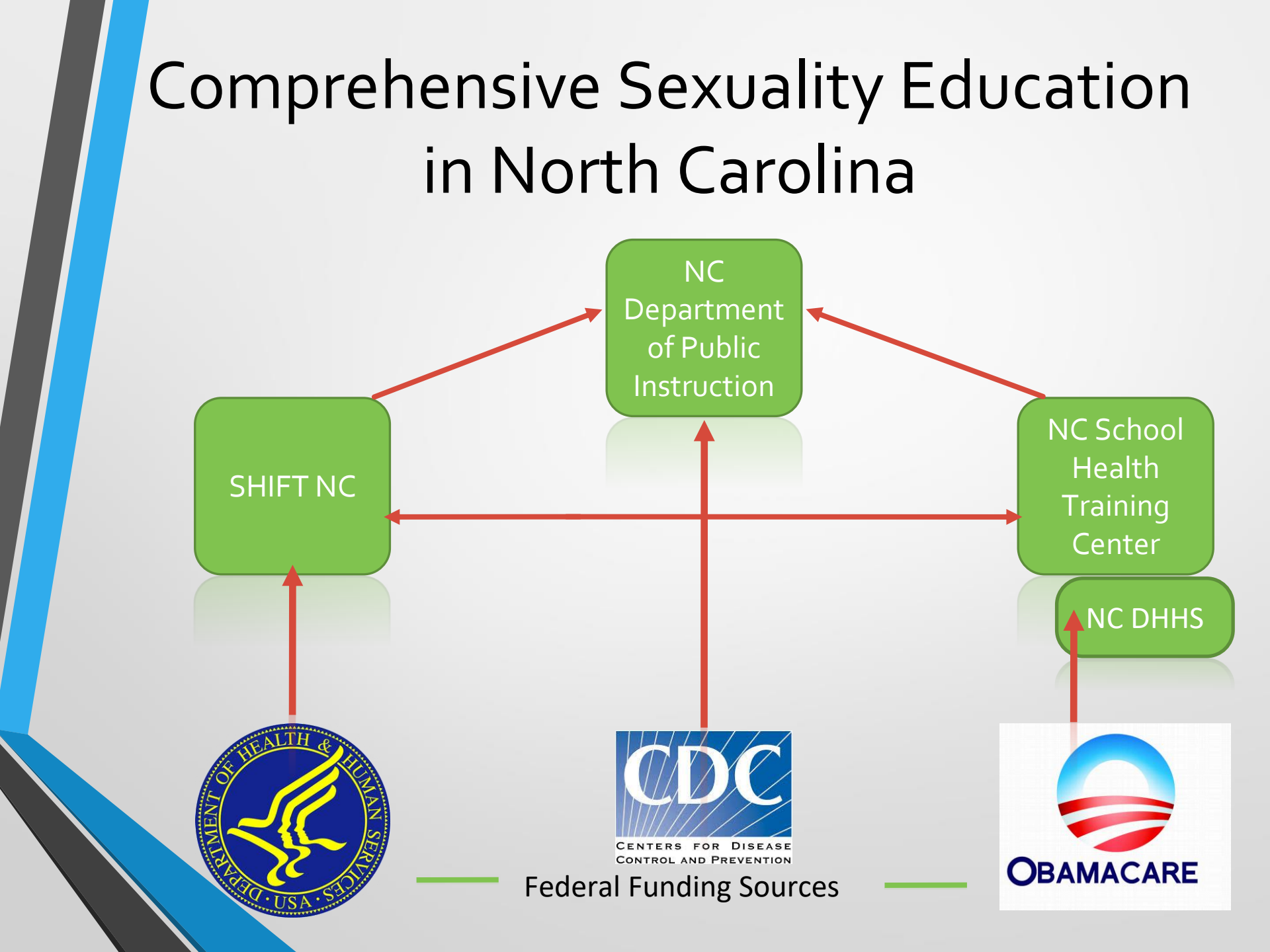
NC DHHS

Department of Health & Human Services ASU

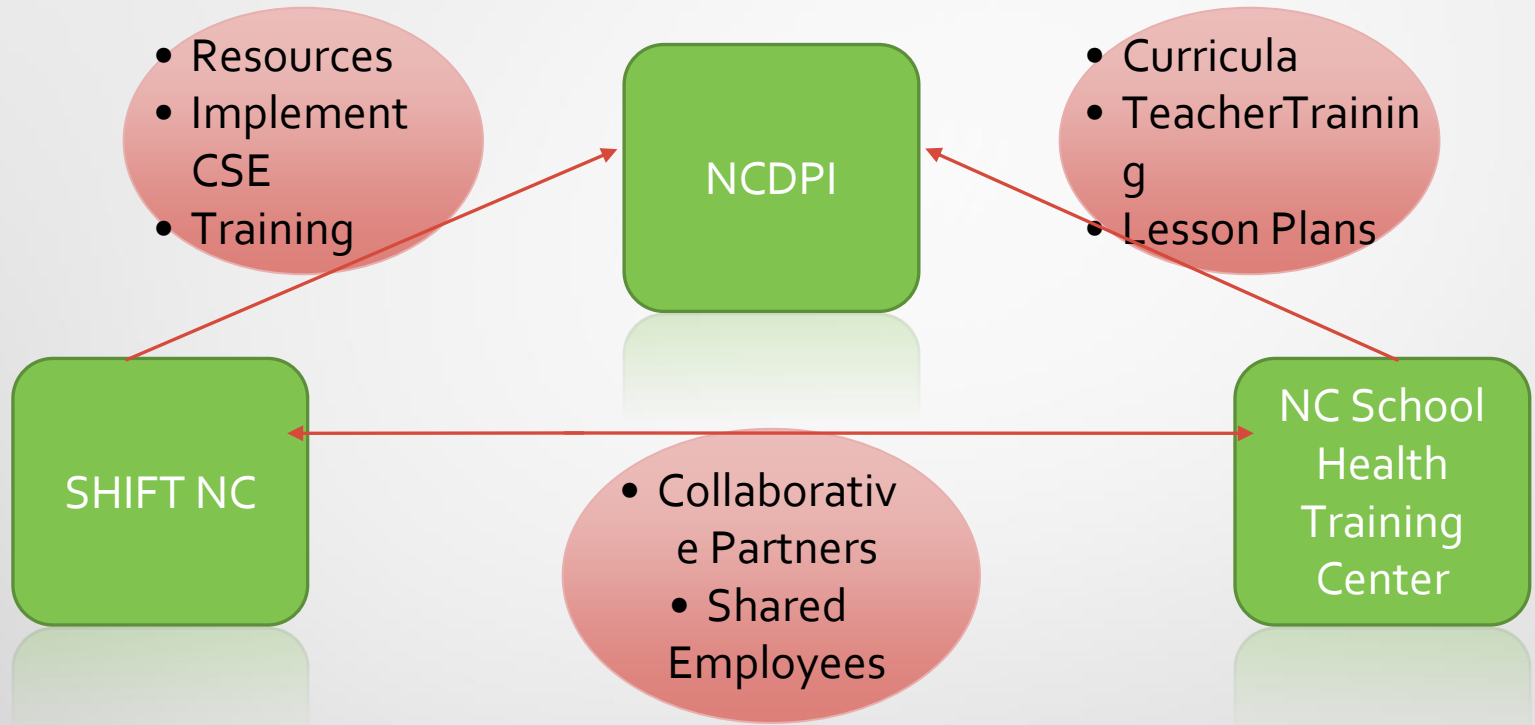
CDC CENTERS FOR DISEASE CONTROL AND PREVENTION

OBAMACARE

Federal Funding Sources



Comprehensive Sexuality Education in North Carolina

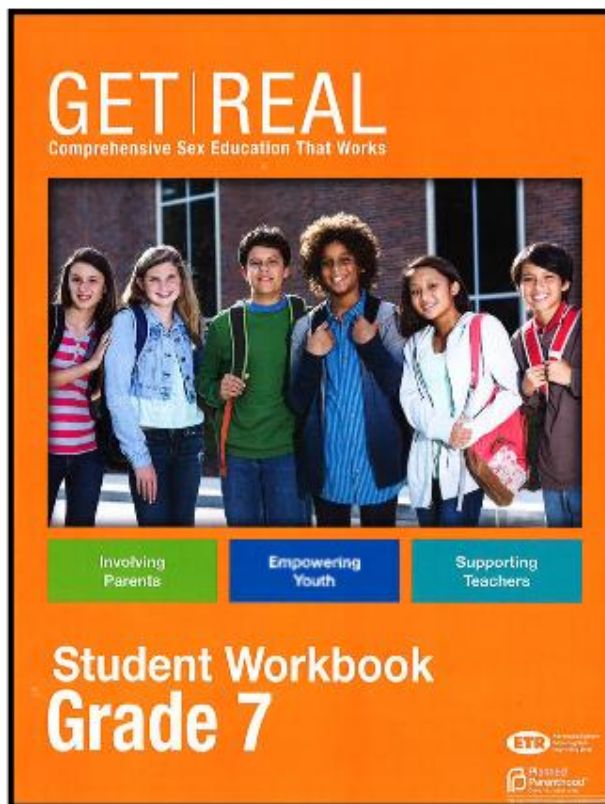


- SHIFT NC / NC Youth Connected
- NC School Health Training Center (NCSHTC)
- NC Dept of Public Instruction (NCDPI)

Planned Parenthood's GET REAL Curriculum 7th Grade Student Workbook


Student Workbook

Version 1.0



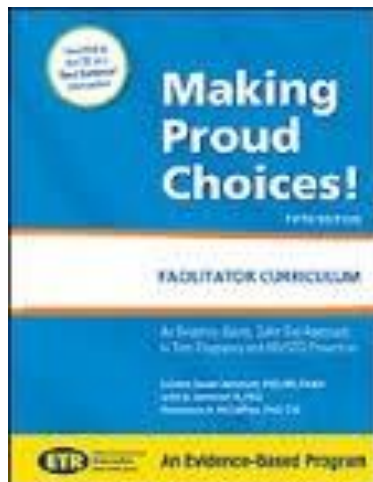
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Protection Methods Chart Continued

Type of Method	Method Description	How Well Does it Work?*	Where can you get the method?	Benefits (Pros)	Possible Side Effects (Cons) (Not all are listed)
Dental Dam	 <p>The dental dam is a thin layer of latex, plastic, or polyurethane that acts as a barrier between partners when placed over the vulva (outside of vagina) or anus during oral sex. Can also use non-microscopically torn wrap or a condom cut in half. A new dental dam must be used each time.</p>	This device is used for oral sex only. Protects against HIV and other STIs.	Drugstores, doctor's offices, health centers & condom shops. Some wrap at supermarkets.	Protects against HIV and other STIs.	May irritate someone with a latex allergy. Dental dam may slip out of place if not held around the area receiving oral sex.

* Based on a meta-analysis of research from the University of California, San Francisco, and the University of Pennsylvania. For additional information and the method to calculate risk, see: www.getrealcurriculum.org.
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Making Proud Choices!
NCDHHS PREP Funding
NCSHTC
Middle and high schools

ACTIVITY B

HOW TO MAKE CONDOMS FUN AND PLEASURABLE

PREPARING FOR THE ACTIVITY

RATIONALE

Helping participants see how they can make condom use fun and pleasurable for themselves and their partners encourages consistent use and a sense of pride and responsibility.

MATERIALS

- Pre-labeled Newsprint:
 - *Sex Is More Fun...*
 - *Condoms Won't Ruin...*
- Markers

TIME

10 minutes

PROCEDURE

1. Unfold the newsprint entitled, *Sex is More Fun When Condoms Are Used Because...*
2. Introduce this activity by saying,

How would you complete this unfinished sentence?

Sex is more fun when condoms are used because...
3. Record their responses.
4. Add the following ideas to the list if they were not already mentioned by the participants.

Sex is more fun when condoms are used because...

- » You can use condoms as a method of foreplay.
- » You can think up a sexual fantasy using condoms.
- » You can act sexy/sensual when putting condoms on.
- » You can hide one on your body and ask your partner to find it.
- » You can tease each other sexually while putting on the condom.
- » You can have fun putting one on your partner, while pretending you are different people or in different situations.
- » You feel more relaxed and can really enjoy yourself.
- » Condoms make erections last longer.

Making Proud Choices! Condom Line-Up

Answer

- » Discuss safer sex issues

8. Have the participants put the cards in the proper order on the wall. Encourage all the group members to participate.
9. Ask if there are any final adjustments, and allow them to be made.
10. When the group has decided how the cards should be placed, verify the correct order or ask questions to prompt the movement to the correct order.
11. When the order is correct, review the steps:

Order of Condom Line-Up cards

- » Buy condoms and check expiration date
- » Sexual arousal (hug, cuddle, kiss, massage)
- » Erection
- » Carefully remove condom from package
- » Squeeze out any air from tip of condom and leave room for ejaculation
- » Dab only water-based lubricant on penis or inside condom (lubricants that are not water-based can degrade the condom)
- » Roll condom on
- » Intercourse
- » Orgasm (ejaculation)
- » Hold onto the rim of condom and withdraw the penis
- » Remove and discard condom
- » Loss of erection
- » Relaxation

Identified by
the CDC as a
"Program
That Works"

Making A Difference!

An Abstinence Approach to HIV/STD and Teen Pregnancy Prevention

A Be Proud! Be Responsible! Curriculum

Loretta Sweet Jemmott, Ph.D., R.N., F.A.A.N.

John B. Jemmott III, Ph.D.

Konstance A. McCaffree, Ph.D.



A C. B. A. M. J. D. B. J. A. A.

Activity D

How Do People Express Their Sexual Feelings? What is Abstinence? (10 minutes)

PREPARING FOR THE ACTIVITY

Rationale

Understanding that there are many behaviors that express sexual feelings helps participants choose sexual behaviors that do not result in pregnancy or sexually transmitted infection.

Materials Needed

- "How Do People Express Their Sexual Feelings?" poster
- Masking tape

Time

Procedure

1. Have participants brainstorm answers to the following question.

With all the messages teens are receiving about sex, what are some of the ways people express their sexual feelings to themselves or other people?

2. Elicit as many answers as you can.

Answers may include:

oral sex	sexual fantasy
caressing	anal sex
dancing	massage
masturbation	holding hands
talking	cuddling on the couch
hugging	touching each other's genitals
kissing	vaginal intercourse
talking	saying "I like you"
grinding	

FACILITATOR'S NOTE

If participants are hesitant, ask prompting questions i.e.:

- What kind of sex can people have by themselves?
- What other words do we use for touching?
- What other things might people do with their mouths?
- What kinds of things can people do with their hands?

3. Put up the "How Do People Express Their Sexual Feelings?" poster.

FACILITATOR'S NOTE

Be sure participants understand the definition of vaginal intercourse, oral sex, anal sex, and masturbation:

- Vaginal intercourse or sexual intercourse means a man's penis in a woman's vagina.
- Oral sex means a person's mouth on another person's genitals.
- Anal sex means a man's penis in a person's anus, rectum, or behind.
- Masturbation means rubbing, stroking, or "playing with" one's own genitals or the genitals of another person.

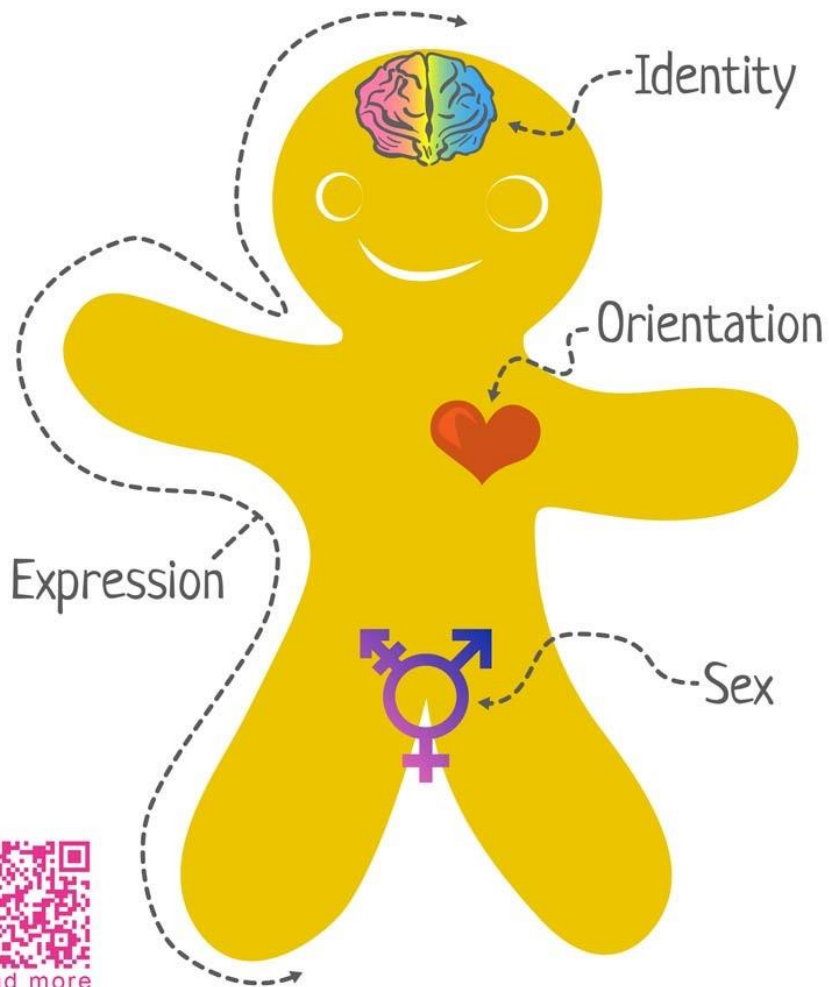
4. Discuss each item on the poster by asking participants whether or not the behavior could result in pregnancy or sexually transmitted infection. **Be sure to identify ALL behaviors that may involve an exchange of blood, semen, or vaginal secretions** (participants may suggest behaviors besides oral, anal, and vaginal intercourse which will transmit disease).

Title V - Abstinence Education Funding - Middle School

- Why won't everybody want to engage in ALL of these behaviors? [Answers may include: they may not feel good, or be appealing; some may be risky; they may have religious or moral objections.]
- How can we let our partners know what we are willing and not willing to do? [Answers may include: We need to tell them before any touching occurs.]

The Genderbread Person

by www.ItsPronouncedMetrosexual.com



Gender Identity

Woman Genderqueer Man

Gender identity is how you, in your head, think about yourself. It's the chemistry that composes you (e.g., hormonal levels) and how you interpret what that means.

Gender Expression

Feminine Androgynous Masculine

Gender expression is how you demonstrate your gender (based on traditional gender roles) through the ways you act, dress, behave, and interact.

Biological Sex

Female Intersex Male

Biological sex refers to the objectively measurable organs, hormones, and chromosomes. Female = vagina, ovaries, XX chromosomes; male = penis, testes, XY chromosomes; intersex = a combination of the two.

Sexual Orientation

Heterosexual Bisexual Homosexual

Sexual orientation is who you are physically, spiritually, and emotionally attracted to, based on their sex/gender in relation to your own.

NEW FINDINGS: COMPREHENSIVE SEX ED NOT WORKING IN U.S. SCHOOLS

“There is no scientific justification for the designation of comprehensive sex education in U.S. schools as ‘evidence-based,’ nor for its broad dissemination in school settings.”

The detailed report with citations can be found at:
institute-research.com/CSEReport

What's the Difference?

Sexual Risk Avoidance Approach (SRA)

- Most of content (>50%) devoted to promoting risk avoidance
- Message is focused: Waiting until marriage is clearly the BEST choice.
- Teen sex and/or casual sex is problematic, even if contraception is used, based on the risk of STDs, pregnancy, and negative emotional consequences.
- SRA programs do not normalize teen sex, especially important since CDC data shows nearly 70% of 15-17 year olds are NOT having sex.
- Share medically accurate information on contraception without demonstrating or distributing various methods.
- Encourage ALL young people, irrespective of their sexual orientation, to delay sexual behavior promoting equality in health for

Sexual Risk Reduction Approach (SRR)/*Comprehensive Sexuality Education (CSE)*

- Devote <5% page content to SRA. Allocate six times more content to goal of promoting contraception.
- Mixed message: EITHER SRA OR having sex with a condom are equally good choices; or SRA is marginally better
- As long as contraception is used, teen sex and/or casual sex is fine. There are no potential negative emotional outcomes.
- Emphasizes RIGHT to access birth control without parental knowledge or consent
- By focusing on consent and condoms, CSE discriminates against LGBTQ teens who are at greatest risk in many areas (dating violence, drug use, >4 lifetime partners, early sexual initiation, psychosocial stress)



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