

Growing Your Organization and Avoiding Burnout

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Strengthen the Core = the roots

***FEED them:**

- +Thank you's**
- +Respectful**
- +Meet their needs**
- +Listen/value them**
- +Stay positive!**



Build your base = the branches

- **It's personal**
- **Touch their values**
- **Make it worth it**
- **Be respectful of time**
- **Celebrate!!**



Tap into volunteers & interns = the fruit

- **Volunteers:**

- **Ask, ask, ask**
- **Tailor your ask**
- **Make it worthwhile**
- **Build on requests**

- **Interns:**

- **Find them!**
- **Check reqs**
- **Options/clarity**
- **Follow-up**
- **Accountability**



Tap into resources = supports



- **People**
- **Facilities**
- **Skills**
- **Mgt tools**
- **ASK for specifics**
- **SHARE**

Delegate, Delegate = share the fruit!

- **Pray for blessings (Parable of the Talents)**
- **Be clear on expectations and time limits**
- **Regularly reevaluate**
- **Be willing to say no ... and yes!**
- **Identify and mentor co-leaders**
- **Take care of yourself!**



Fried citizens are not leaders!



Grow together!

